



**Defib First is founded and operated by Anne Holland RN and is located in Melbourne Victoria**

Defib First is a third-party provider of nationally recognised courses in First Aid on behalf of registered training organisation [Allens Training Pty Ltd RTO 90909](https://www.allenstraining.com.au)

## **HLTAID003 – Provide First Aid**

This unit of competency incorporates training in the skills and knowledge required to provide a first aid response to a casualty in line with the Australian Resuscitation Council (ARC) Guidelines.

Effective delivery of lifesaving first aid interventions requires regular instruction and practical training, particularly, when an incident especially relates to potentially fatal illnesses and injuries.

The unit is available to all persons who wish to attain competency in the provision of first aid and is applicable for all workers who may be required to provide a first aid response, in a range of situations, including community and workplace settings.

This course equips participants with the skills, knowledge and confidence to:

- provide first aid treatment to a casualty who is suffering from a sudden illness/injury in order to preserve life, prevent further harm & promote recovery
- recognise when someone is in sudden cardiac arrest i.e. unresponsive and not breathing or not breathing normally
- increase casualty's chance of survival by calling for emergency services and performing potentially lifesaving cardiopulmonary resuscitation (CPR) including uninterrupted compressions and the application of a defibrillator (if available) until emergency services arrive and take over
- manage other life-threatening situations such as choking, asthma & anaphylaxis
- manage first aid situations such as unconscious breathing casualty, bleeding, burns, shock, soft tissue injuries, fractures, envenomation

To view full HLTAID003 unit of competency details please visit <https://training.gov.au/>

## **Course Information, Learners Rights, Responsibilities, Support & Complaints**

- Note that enrolment to this course is made in partnership with [Allens Training Pty Ltd RTO 90909](https://www.allenstraining.com.au)
- For course details, refer online to: [HLTAID003 - Provide First Aid](https://www.allenstraining.com.au/HLTAID003-Provide-First-Aid)
- For details relating to rights and responsibilities including complaints and appeals, refer online to: [Allens Training Student Written Agreement](https://www.allenstraining.com.au/Allens-Training-Student-Written-Agreement)
- Specific licensing requirements relating to this competency, including requirements for refresher training, should be obtained from the relevant state/territory Work Health and Safety Regulatory Authority.



## Course Delivery & Duration

- Training is delivered in partnership with [Allens Training Pty Ltd RTO 90909](#) by a TAE40116 qualified instructor
- Course will be delivered onsite in the workplace or client venue
- 7.5 hours (minimum) of face-to-face training and assessment
- Mandatory self-paced pre-course online learning (evidence of completion must be presented on attendance at face-to-face training)
- Refresher training – 5.5 hours (minimum) – conditions apply for this option, for example, evidence of previous current certificates.

## Assessment Requirements & Competency Award

It is a requirement of the Training Package for this course that each participant is physically capable of performing uninterrupted compressions and rescue breaths for at least two minutes on a CPR manikin placed on the floor.

To achieve competency, participants undertaking this course are expected to successfully complete written and practical assessment including:

- Performance Tasks
- Practical Scenarios
- Written theory assessment consisting of multiple-choice questions

A statement of attainment will be issued by [Allens Training Pty Ltd RTO 90909](#) to participants who successfully complete the nationally recognised training for:

- HLTAID003 – Provide First Aid which includes
- HLTAID001 – Provide Cardiopulmonary Resuscitation and
- HLTAID002 – Provide Basic First Aid

## Course Fees and Payments

- Cost: \$130 per person with a minimum of 6 participants and maximum 12-15 participants
- Refund and fee protection policy - please refer to [Allens Training Student Handbook](#)
- Payment Terms – based on prior mutual agreement between Defib First & client

## Renewal of competency

***It is recommended that competency in the unit HLTAID003 – Provide First Aid be renewed every 36 months in line with industry standards***

### CONTACT Defib First Pty Ltd

T: 1300DEFIBFIRST

E: [info@DefibFirst.com.au](mailto:info@DefibFirst.com.au)

W: [www.DefibFirst.com.au](http://www.DefibFirst.com.au)

ABN: 29 007 175 680