



Defib First is founded and operated by Anne Holland RN and is located in Melbourne Victoria

Training and assessment is delivered on behalf of registered training organisation
[Allens Training Pty Ltd RTO 90909](https://www.allenstraining.com.au/).

HLTAID001 – Provide Cardiopulmonary Resuscitation

This course equips participants with the skills and knowledge:

- to recognise when someone is in sudden cardiac arrest i.e. unresponsive and not breathing or not breathing normally
- to increase casualty's chance of survival by calling for emergency services and performing potentially lifesaving cardiopulmonary resuscitation (CPR) including application of a defibrillator (if available) until emergency services arrive and take over.

The unit of competency incorporates training in the skills and knowledge required to perform cardiopulmonary resuscitation (CPR) in line with the Australian Resuscitation Council (ARC) Guidelines

The unit also requires participants to attain competency in the application of an automated external defibrillator (AED) to a casualty who has suffered a sudden cardiac arrest.

The unit is available to all persons who wish to attain competency in the provision of CPR and is applicable for all workers who may be required to provide CPR, in a range of situations, including community and workplace settings.

To view full HLTAID001 - Provide cardiopulmonary resuscitation unit of competency details please visit <https://training.gov.au/>

Course Information, Learners Rights, Responsibilities & Support, Including Complaints

- Please note that enrolment into this course is made with [Allens Training Pty Ltd RTO 90909](https://www.allenstraining.com.au/)
- For course details, refer online to: [HLTAID001 - Provide Cardiopulmonary Resuscitation \(CPR\)](https://training.gov.au/units/HLTAID001)
- For details relating to rights and responsibilities including complaints and appeals, refer online to: [Allens Training Student Written Agreement](https://www.allenstraining.com.au/defib-first-student-written-agreement)



Course Delivery & Duration

- Training is delivered in partnership with [Allens Training Pty Ltd RTO 90909](#)
- Course will be delivered onsite in the workplace or client venue
- 3 hours of face-to-face training and assessment

Entry Requirements

It is a requirement of the Training Package for this course that each participant is physically capable of performing uninterrupted compressions and rescue breaths for at least two minutes on a CPR manikin placed on the floor.

Assessment Requirements & Competency Award

To achieve competency, participants undertaking this course are expected to successfully complete written and practical assessment including:

- Performance Tasks
- Practical Scenarios
- Written theory assessment consisting of multiple-choice questions

A statement of attainment will be issued by [Allens Training Pty Ltd RTO 90909](#) to participants who successfully complete the nationally recognised training for HLTAID001 – Provide Cardiopulmonary Resuscitation

Course Fees and Payments

Cost: \$60 per person with a minimum of 6 participants and maximum 12-15 participants

Refund and fee protection policy - please refer to [Allens Training Student Handbook](#)

Payment Terms – based on prior mutual agreement between Defib First & client

Renewal of competency

It is recommended that competency in this unit be renewed every 12 months in line with industry standards

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